

Milbank Basketball School

Milbank Boys Basketball School is a
weekday co-educational experience.

Our emphasis is on developing skills
and team play. This program is
designed to teach the fundamentals in
the sport of basketball in a competitive
learning environment.

The key to success and development is
to compete at a level that will promote
improvement. Divisional alignment
through age and skill level allows for
every player to have the opportunity to
become thoroughly involved at the lev-
el of play that each has attained.



Technique



Team work



LIKE "Milbank Bulldog
Boys Basketball" on



MILBANK
BASKETBALL
SCHOOL
Confidence shared is better than
confidence only in yourself.

Grades 7 & 8
May 22-25

Milbank Basketball School
Matt Bastian
302 E 10th Ave
Milbank, SD 57252

DATE AND TIME:

May 22nd & 23rd from 4:00 – 6:30 pm
May 24th & 25th from 9:00–11:30

SCHOOL SITE:

Koch School Gym

GRADE ENTERING FALL OF 2017

7th & 8th

CAMP FEE AND DEADLINE:

\$60 by May 5th

CHECKS PAYABLE TO:

Milbank Basketball School



CAMP OBJECTIVES:

-  To provide each and every camper with individual attention.
-  To teach and develop individual offensive and defensive skills
-  To provide athletes with a quality team sport learning experience
-  To promote correct basketball techniques within an enjoyable and educational environment
-  To provide proper etiquette in the game of basketball
-  To enhance the knowledge of the game of basketball
-  To provide athletes the official rules of basketball

EQUIPMENT:

Players must provide their own shoes and gym wear. Come dressed and ready to play as locker rooms will not be available.

SCHOOL PROGRAM

Each player will participate in daily games

Campers will attend daily stations

- * Individual offense *Rebounding
- * Individual defense * Dribbling w/ footwork
- * Shooting * Passing

SCHOOL DIRECTOR AND STAFF:

Matt Bastian, Head boys basketball coach at Milbank High School. Other staff includes Milbank basketball coaching staff and players.

Matt Bastian
School phone: 432-5546
Cell phone: (605) 520-3362
Matthew.Bastian@k12.sd.us

TYPICAL DAILY SCHEDULE:

- 4:00– 4:05 Lecture
- 4:05– 4:25 5 minute stations
- 4:25–4:35 Scoring moves
- 4:35–5:00 6 minute stations
- 5:00 –5:15 Team defense
- 5:15–5:35 Fast break basketball
- 5:35–5:50 Screening and cutting
- 5:50–6:00 Team practice
- 6:00–6:15 ACC games
- 6:15–6:30 ACC games

CONFIDENCE SHARED IS BETTER THAN CONFIDENCE ONLY IN YOURSELF.

Detach and return the below information to Coach Bastian. KEEP the above information for your records.

Name: _____ Age: _____ Grade entering Fall 2017: _____

Address: _____ City: _____ State: _____ Zip code: _____

Parent Cell phone: _____ Additional phone number for emergency: _____

Parent email address: _____

School child attends: _____ Height: _____ Weight: _____

Adult t-shirt size (circle): Small Medium Large X-Large XX-Large

I understand the Milbank Basketball Association School, directors and instructors, will not be held responsible for injuries. I authorize the directors of the School to act for me according to their best judgment in any emergency. The camp directors will not be held responsible for the payment of this emergency. Any hospital or doctor fees that are a result of a School injury will be the responsibility of the parents or guardian. I also acknowledge that the above student is physically ready for the activity of the basketball school.

Date: _____ Parent/Guardian signature: _____ Parent insurance: _____